



AN ALUM GOES TO LONDON—El Camino College instructor Edward Schwartz, a former Warrior student, prepares to accept an exchange teaching position in England for the coming college year.

LOOK BETTER . . .

Bare-Weather Grooming Tips

The less sleeves and stockings you wear, the sleeker you need to be. That's the word from the July Seventeen, which gives the following tips on personal grooming for the bright summer season:

If you shave with a safety razor, always defuzz before a bath or shower. Use a made-for-girls shaving lotion on legs and underarms to help whisk away every hair, then pull razor against hair growth. Use firm sweeping strokes—and a new blade each time you shave. If you own an electric razor, use firm back-and-forth strokes; press slightly on razor when shaving legs. A pre-dusting with talcum helps dry hair.

Depilatories, which contain chemicals that soften or dissolve hair at the skin line, last about as long as a shave but regrowth is softer, less stubby. Some are mild enough to be used on facial hairs, but chemical strength varies. Be sure label states "facial quality" before using it on your upper lip; take a patch test if suggested. Depilatories are

fine for legs but are not recommended for use under arms, where skin is sensitive.

Wax for legs, forearms or upper lip gives long-lasting results and, with constant use, discourages regrowth to a degree not obtainable with cosmetic wax for use at home or have a professional waxing at a beauty salon. The wax is melted, applied warm to the skin. When it hardens, it is zipped off, removing hairs with it. Best results occur on longer hair that's not unusually thick.

Abrasives, like sandpaper mitts, are among the most ancient methods still used. If fuzz on forearms is dark you might try this method. It leaves skin satin smooth. Never sandpaper your upper lip.

A bleach may be all you need for your upper lip. Make a paste of soap flakes, a teaspoon of ammonia and three teaspoons of hydrogen peroxide. Apply with cotton, leave on a few minutes, then wash off. If necessary, repeat the next day.

District Presents 'On Job' Training

On-the-job training for parents will again be offered by Los Angeles Tenth District PTA this fall, according to Mrs. J. R. Gaydowski, director of parent and family life education department, who met with 243 local chairmen this month to lay plans.

Approximately 20,000 parents enrolled in 250 parent education courses last year; courses included five or more classes with subject matter varying according to requests from the neighborhood in which they were held.

Consumer classes offered homemaking skills, budgeting tips, care of young children and good nutrition information.

SECONDARY UNITS

Secondary units held their courses in such subjects as: standards for teen agers, new procedures in school curriculum, college advisement, after-high school business opportunities, and military service.

The Gifted Child was studied in some areas with a special look at intelligence tests, school and community programs available to rapid learners, and problems of the gifted child in getting along with other children of the family.

"Housewife vs. Homemaker," showing role of modern homemakers was discussed by experts in such fields as: investments, installment buying, personal grooming, development of poise; effective speaking.

COEXISTENCE

"Attaining Peaceful Coexistence with Our Teenagers," was used in several sections. Discussions were held on dating, going steady, allowances, parties, curfews, understanding the drive for teenage independence, jobs, early marriages, etc.

The City Police and Probation Departments assisted on courses concerning juvenile delinquency and narcotics. The utility companies and newspapers supplied speakers and discussion leaders. Specially trained parent education leaders of Tenth District PTA also conducted

courses of study.

WOMEN'S ROLE

For the coming year, Mrs. Gaydowski notes special interest in requests for courses on "Women's Role in Legislation and How it Affects the Family," and in studies on "Helping the Rapid Learner."

A returning interest in Civil Defense classes on how-to-survive, and in courses on "Learning to Select Good Books" has also been noted.

A unique library containing books on family living is maintained in the Los Angeles Tenth District office for use by councils, local PTAs, and individual PTA members. Changing trends of living are indicated by book turnover, Mrs. Gaydowski states. A few years ago the favorite books concerned infant and young child psychology. Now, books on fitting grandparents into the home, and teenage dating problems are most popular. The adopted child books are also receiving more use than ever before.

PARTY BOOK

"The Gesell Institute Party Book" by Frances L. Ilg, was recently presented to Mrs. L. E. Montenegro, president, for the Family Life Library by the California Congress of Parents and Teachers.

Under the direction of Mrs. Gaydowski, the Family Life Education Department also encourages the building of local PTA and school libraries. Home reading by students and parents is inspired through book lists and newsletter book reviews sent home through local PTAs.

A number of school libraries were organized and staffed by trained PTA members the past year. Some PTAs continued their library programs during summer months by serving in the school library during the recreation time.

One association purchased three sets of encyclopedias; one added 124 new books to their collection; one PTA suggested to parents they donate a book to the school library in honor of birthdays or graduations.



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